Point Shooting vs. Sight Shooting — The RAND Report

UNSAFE AT ANY DISTANCE – THE FAILURE OF POLICE HANDGUN TRAINING

By John Veit

INTRODUCTION:

Hopefully, you will find this article of interest.

Here are some reasons why you should read/share it.

1. It may lead to a reduction in Police casualties, and in a reduction of dollars now spent for naught on learning shooting methods that are neither practical nor effective for self defense use. It also poses the conundrum: whether or not all “non street” Police need to carry a firearm.

2. The same benefits that can accrue to cities/police/agencies also can accrue to members of the public.

3. The info also may encourage responsible gun ownership by those who think that a gun is some sort of a magic wand that will keep them safe and ward off evil, by letting them know that guns are seldom used, and that without effective training, they will not be practical for use in their self defense or for the defense of loved ones. What one sees happen in the movies or on TV, or reads about in fictional literature, is really not reality.

Be advised that this article will be met with indignation by some. And that circulating it will be sort of like throwing rocks at a hornets’ nest and hitting it.

But the facts are what they are, and getting upset over them, won’t change them. However, with knowledge, discussion and action, things can change for the better.

I write about and post info written by gun EXPERTS AND PROFESSIONALS, plus info developed by me and based on my experience and testing.
Please keep in mind that I am just a messenger, and that you don’t have to like what the facts are or what the experts say, but what is, is what is.

SO DON’T SHOOT me. OK?

BACKGROUND

The New York Police Department (NYPD), and other Police Agencies large and small, issue handguns to Officers for use in protecting the Officers and the public. And each year millions of tax dollars are spent on Agency firearm facilities, firearms, and firearms training.

The Officers are trained to shoot, but not how to shoot effectively in life threat situations, which is closely akin to sending soldiers into battle with guns but no bullets. And beyond the cost in dollars spent, is the greater cost of Officers injured or killed and the damage done to their families, plus the added costs of: collateral damages, disability pensions, replacements, legal actions, and etc. that flow from this state of affairs.

In January 2007, the NYPD paid the RAND Corporation to examine the firearm-training program of its force of about 37,000 Officers. The examination resulted in a 2008 report which details a variety of training issues, and gives recommendations for improvement.

One issue identified, is the clear disconnect between shooting effectiveness when in training and when on the job. And that issue, which can have life or death consequences, is not addressed specifically with a recommendation.

The following focuses on the disconnect as detailed in the report. Also included is information on practical shooting methods, which are said to be equally effective both on the range and on the street. And they can be taught within the time and range constraints placed on students and instructors.

WHAT’S THE PROBLEM?

Firearm incidents get major play in the press. However, what does not get publicity, is that those incidents are relatively rare. Per the RAND report, it is statistically unlikely that an Officer will discharge his or her weapon during his or her entire career on the police force.

For example: during 2006, only 156 Officers out of the force of some 37,000, were involved in a firearm-discharge incident. And fewer than half of those incidents involved an Officer shooting at a human being. Most involved Officers shooting at dogs.
Also, according to the Department of Justice (DOJ): “of the 43.5 million persons who had contact with police in 2005, an estimated 1.6% had force used or threatened against them, a rate that was nearly the same as in 2002 (1.5%).”

The rarity of incidents might be a reason for not doing much if anything about them administratively. However, for the participants, they are deadly serious and personal. And if one goes badly, it can become a public relations nightmare for an Agency.

Per the report, firearms’ training has increased dramatically over the past 100 tears, as has the quality of weapons carried. But on average, there appears to have been very little improvement in the ability of Officers to hit their targets during the rare firearms incident.

The average hit rate for NYPD Officers involved in a gunfight between 1998 and 2006 was 18 percent. For every five shots, four bullets missed the intended target and went somewhere else. And that hit rate is consistent with the “normal” hit rate in armed encounters which hasn’t changed much for years and years.

The average hit rate for Officers who shot at subjects who did not return fire, was 30 percent. Officers hit their targets 37 percent of the time at distances of seven yards or less. And hit rates fell off sharply to 23 percent at longer ranges.

Also, Officers in gunfights fired 7.6 rounds on average, compared with an average of 3.5 rounds for Officers who fired against subjects who did not return fire. And most Officers have firearms with a capacity of well over 7 rounds, plus extra magazines.

FBI statistics show that life threat incidents happen at very close ranges. Between 1989 and 1998, of the 682 local, state, and federal law-enforcement Officers in the United States who died because of criminal action, nearly 75 percent (509) received fatal wounds while within 10 feet of their assailants.

Now, if you are wondering about the hit rates, and why they are so low, you need to understand that there is a “twilight zone” of sorts in the world of the gun, where reality can get intertwined with tales like The Emperor’s New Clothes.

Where else would you find job performance scores of 18, 23, 30, and 37 percent in life or death matters, to not result in a 911 call for all the King’s horses and all the King’s men.
The disconnect between on the range performance and on the street performance, is the long standing elephant in the room, and about which nothing much has been done, other than recognize its existence. For years, the very low hit rate was attributed to error on the part of Officers.

During the 1970’s a long term and in-depth study of NYPD Police combat cases, produced findings in line with those of the RAND study. It is known as the NYPD SOP 9.

THE TRAINING LOAD

The NYPD Police Academy trains, approximately 4,000 recruits each year in two classes of about 2,000 recruits each. Included are two weeks of firearm and tactical training that includes handgun qualification. A minimum of 78 percent hits on a number of stationary targets from fixed firing positions is required to qualify.

There also are semiannual firearm qualifications which include a two-part lecture, practice fire of 45 rounds of ammunition at stationary targets at 7-, 15-, and 25-yard distances, un-scored practice on a tactical pistol course, and qualification firing of 50 rounds at stationary targets at 7-, 15-, and 25-yard distances. A minimum of 39 hits is required to qualify (78 percent).

A comparison of the qualification requirement with on the street hit rates, clearly shows a disconnect between them.

Per the report, the firearm-qualification program is less about making sure Officers can effectively use their pistols in real-life situations, than it is about meeting legal requirements and professional standards.

And while the qualification course meets the standards required by the state of New York, and it is consistent with national norms, shooting at paper targets on a known-distance range is basically just target practice.

Also, the handgun qualification process implies that qualifying Officers are proficient, but a consensus among police firearms trainers, is that the training does not substantially enhance officer or community safety.

Steps have been taken to make shooting training more realistic, including firing at moving targets, firing from cover and crouched positions, moving to different firing positions and distances plus firing from each, firing in pairs, and firing after exertion. However, it is impractical time and resource wise, to provide that training to all Officers. And those exercises are not scored.
A SOLUTION

Hopefully, the time is near when tax dollars and employee time will no longer be frittered away on training and qualifying that has little relationship to on the job incidents.

Bill Burroughs, in his paper of several years ago: Components and Considerations for Combat Shooting, said that “Shooters miss at close ranges because of faulty, incomplete and, yes, negligent training.”

He also said that combat shooting is actually quite simple and anyone can learn it.

In a span of less than two hours and with shooting fewer than 100 rounds of ammunition, an Officer can be taught The Applegate System method and reproduce it during periods of stress. And marksmanship levels are high inside the distances where the method was designed to be used – close quarters.

Bruce K. Siddle, in his 2000 paper: The Science of Combat Point Shooting said that Barron and Beasley had trained more than 500 students in the Applegate System of Point Shooting. And that score increased to 95% and higher, from 90-95% on the static firing line.

More importantly, students maintained the simple Point Shooting system when they participated in stress induced dynamic training exercises. Barron attributed the improvement to the simplicity of the Applegate System.

Now, just because something appears to be very simple, practical and doable, and just because it holds the promise of improving the safety of Officers and the public, and providing tangible returns for millions of tax dollars now being spent, does not mean it will happen.

In the topsy-turvy world of the gun, such things are easily trumped by professional standards, legal requirements, and tradition.

The powers that be do things in traditional ways. And they defend them with the zeal of the true believer or religious zealot.

The issue of traditional Sight Shooting Vs other shooting methods, has been cussed and discussed as far back as the early 1800’s.

Then, pistols were used for self defense against highway robbers and housebreakers, and for dueling. They were closed at the back, and some had sights on them.
And in a highway robbery or housebreak in: 1. there usually would be no time to use the sights, or 2. bad light would prevent them from being seen and properly aligned, or 3. one’s focus could be transfixed on the threat.

So to aim and shoot fast, the index finger was placed along the side of the pistol and pointed at a target. That automatically and accurately aimed the pistol. And the middle finger was used to shoot. (See Lt. Col. Baron De Berenger’s 1835 book: Helps And Hints – How To – Protect Life And Property, With Instructions In Rifle And Pistol Shooting.)

Also, Sight Shooting still could be employed if there was time, good lighting, and one had the presence of mind to use the sights.

With the adoption of the 1911, the optional use of the index finger method was squelched.

Due to a minor design fault in the slide stop of the 1911, if the slide stop pin is depressed when the gun is fired, the gun can jam. As such, the US Military publication – Description of the Automatic Pistol, Caliber .45, Model Of 1911, specifically cautioned against using it.

More than likely, the result was the instinctive-but-un-aimed fire that is known today as spray and prays.

Another matter that affects shooting accuracy negatively is the slow but relentless lock-step march towards larger caliber and higher capacity firearms. The march continues, even though there is no widely known and accepted scientific data supporting the use of larger caliber or increased capacity handguns.

A high caliber gun with its bigger kick, and in particular, one with a large and bulky grip to accommodate more bullets, is difficult to hold and shoot accurately by those with small to average size hands. Bigger guns are also heavier to carry, and their ammunition is more expensive to buy and shoot than the common 9 mm.

RECOMMENDATIONS

The RAND report recommended a number changes and actions to improve training, including the trial use of Tasers, lasers and gun mounted lights.

There are minuses which come tied to the use of lasers and lights. Both require user training, batteries, and continued maintenance to insure they will be in
operable condition, for their “rare” use. So, a good return on the costs of purchase, user training, and maintenance, is dubious.

Finally, if the safety and protection of Officers and members of the public is of prime importance, then Officers should be trained in \textit{simple and practical COMBAT shooting}:

1. which can be learned in less than two hours, and with shooting fewer than 100 rounds of ammunition, and

2. Which can be reproduced in periods of stress and with high marksmanship levels at close quarters distances.

The same is true for members of the public who care about responsible gun ownership.

The URL for the RAND Corporation report in PDF form is \url{http://www.rand.org/pubs/monographs/2008/RAND_MG717.pdf}. 